Activities Time Log

Student Name: _____ Parent/Instructor Name: _____

Course: _____

Grade Level:

- ☐ High School: **70 HOURS/SEMESTER** or **140 HOURS/YEAR** are required
- ☐ Middle School: **60 HOURS/SEMESTER** or **120 HOURS/YEAR** are required
- ☐ Elementary: **50 HOURS/SEMESTER** or **100 HOURS/YEAR** are required

Date	Activity	Hours	Cumulative Hours
Example: 9/15/21	*Swimming*	*0.50*	*0.50*
9/17/21	*Soccer Practice*	*1*	*1.5*